

## 2016 Sports Camp

Hello Parents/Guardian/Student-Athlete,

Our 2016 Sports Camp for football, volleyball, and cheerleading will run from August  $15^{th}$  through  $20^{th}$  where they will participate in intensive workouts/practices for a week to prepare themselves for 2016 fall sports season.

On Sunday August 14<sup>th</sup>, registration for football and cheerleading will begin at 5:00pm and registration for volleyball will begin at 8:00pm. Registration will take place at Palomar 2 cottage and student-athletes will stay in cottages during sports camp week.

We will serve breakfast/lunch/dinner starting on Monday August 15<sup>th</sup>. We will break camp at 1:00pm on Friday August 19<sup>th</sup> for volleyball and cheerleading. Football will end at 12:00pm on Saturday the 20<sup>th</sup>. Parents can come and pick up their child during those times.

Please bring extra clothes for practices. Football players will need to bring their own cleats.

Completed athlete clearance packet (physical evaluation form, medical coverage, informed consent and CIF Code of Ethics) is required prior to participating in sports camp. No exceptions will be granted.

For Spanish-speaking parents, please contact Claudia Rodriguez or Rachel Lopez, Spanish translators, at (951) 248-7700 ext. 6578 or 6579.

If you have any questions or concerns, please feel free to contact the Athletic Department at abarksdale@csdr-cde.ca.gov or (951) 824-8080 VP.