



# Tryout Guidelines

## Tryout Period:

Tryouts will be 2 days, at beginning of season.

## Tryout Procedures:

- Each player will be required to check in on first day so each coach can create a list of prospective players prior to start of tryouts. This helps to insure that evaluation can take place in a fair and conducive environment.
- Evaluation of players will include:
  - Skill Level (sport specific)
  - Understanding of the Game/Match
  - Ability to Compete
  - Ability to Perform at the level trying out for
  - Attitude
- Prospective players are required to attend both tryout days to be considered. If a school event/sport within CSDR prevents a player from attending one or all tryouts, then the tryout period will extend to another day. This will be the last date that a tryout is provided at any level. Outside school events will NOT be considered valid reason for missing tryout(s), and therefore, an extension will not be provided. Medical/Sick absences will adhere to same rules above as if missing a tryout for a school event and a valid written note will need to be presented in such instances. If a long-term injury or illness occurs, preventing a player from trying out during such period, the Athletic Director will have the right to make a determination of that player's participation on his/her team.
- Prospective players will be evaluated by at least 2 members of the CSDR coaching staff within the CSDR sport-specific program. All coaches are used in evaluations regardless of the level of try out (i.e. Varsity head coach can evaluate different level tryouts and vice versa). The coaching staff will be given an evaluation form for all players attending tryouts. This form will be on file with Athletics office. Players will be evaluated by the position and skills they show for which they may play on the team. **NOTE:** If a coach is a parent or a relative of a child trying out for his/her team, s/he will NOT evaluate that team. Another member will do the evaluation and shall be appointed by the Athletic Director.
- At the end of tryout period, the committee will make the final decision(s) as to who will make the team, based on evaluation form. Each coach will send the list to the Athletic Director. Each coach will then meet with those players

individually who do not make the team, giving the player the opportunity to talk with the coach and learn what they can do to improve their future chances.

### **Participation:**

We do not have a player maximum for a team. Coaches ultimately will be responsible in selecting the team members regardless of how many players based on the criteria listed above and how they relate to the best interest of the team as it represents CSDR.

### **Tryout Expectations:**

- All players are expected to have physical clearance on file. If they are not on file, then the player, under no circumstances, will be able to step on the court and, therefore, will be unable to tryout. Players without such forms will not be given the opportunity to make up a tryout or even extend the period of tryouts. A player may begin tryouts WITHIN the tryout period once such forms are turned in.
- It is expected that the coaching staff will provide a fair, adequate, and timely evaluation to all players interested in trying out for the athletic program at CSDR. This includes evaluation from both the head coach and other coaches.
- For NEW students ONLY, if there's less than half left in the season, there will be no tryouts and no additions as well. If there's more than half left in the season, we will have ONE-DAY tryout only and can add them to the roster.



## **PARENT GUIDELINES**

### **Communication from the Coach**

- Philosophy
- Expectations
- Location & Times (practices and games)
- Requirements (fees, equipment, etc.)
- Injury/Medical Issue Procedures
- Discipline

### **Communication from the Parent**

- Concerns
- Notification of Schedule Conflicts well in advance

### **Appropriate Concerns to Discuss with Coaches**

- Treatment of your child mentally & physically
- Ways to help your child improve
- Your child's behavior

### **Issues Not Appropriate to Discuss with Coaches**

- Playing time
- Team strategy
- Play calling & game strategy
- Other student-athletes

### **Procedures to Use in Discussing Concerns with a Coach**

- Email to set up an appointment
- If coach can not be reached, contact Athletic Director
  - Do not attempt to initiate a discussion or confront a coach before, during, or after a game or practice (it can be an emotional time for all parties; ask for a meeting at a later time)  
**\*24 hours wait is recommended**
  - You may talk with the coach IF it involves YOUR child's injury, medical, or safety issue
  - On the weekend – do not text – send an email and wait till Monday

### **The Next Step**

#### ***What can a parent do if the meeting with the coach did not provide a satisfactory resolution?***

- Email and set up an appointment with the Athletic Director to discuss the situation further for yourself, your child, the coach, and the Athletic Director
- At this meeting, further appropriate steps can be discussed and determined

***On behalf of CSDR Athletic Department, we are confident that the athletic programs at CSDR will aid in the preparation of those students who chose to participate in our programs. In addition, we are hopeful that the information provided here will enhance both student and parent participation in our athletic programs.***



## CSDR Playing Time Guidelines

In Cub Athletics, sports are divided into three separate categories according to their nature.

Those categories are listed below:

### **Developmental**

3<sup>rd</sup> through 6<sup>th</sup> grade sports are considered developmental. Each participating athlete will receive an equal amount of playing time (with the exception of policy violations - handbook, behavior matrix, team rules) during practices and games.

7<sup>th</sup>/8<sup>th</sup> grade sports are considered developmental. Coaches allow each athlete an opportunity to play (with the exception of policy violations - handbook, behavior matrix, team rules) in each game as young athletes need the opportunity to develop.

For any tournaments, coaches do not set a time limit on the amount of playing time an athlete will receive.

### **Competitive/Developmental**

Junior Varsity level sports are competitive and developmental. Coaches will do their best to make sure each athlete receives some playing time; however, the amount of time is completely at their discretion and/or those who meet or exceed coach's expectations (commitment, dedication, loyalty, sportsmanship, etc.).

### **Competitive**

Varsity level sports are competitive. Teams have the opportunity to win district, area, regional, state, and/or national title. Playing time is awarded to students with a higher skill level and/or those who meet or exceed coach's expectations (commitment, dedication, loyalty, sportsmanship, etc.). *There are times when athletes may not get playing time.*

*(Unexcused absences and/or any kind of team rule violation will result in a loss of participation time)*